

Sir Peter Leitch Club

AT MT SMART STADIUM, HOME OF THE MIGHTY VODAFONE WARRIORS

Newsletter #137A

2nd September 2016

Oops... we got it wrong!

The biggest roast to ever happen in New Zealand, takes place this coming Tuesday.

Grab your tickets <u>here</u> and help support the Prostate Cancer Foundation and the Auckland Rescue Helicopter.

Help Butch face his fear for **Blue September**

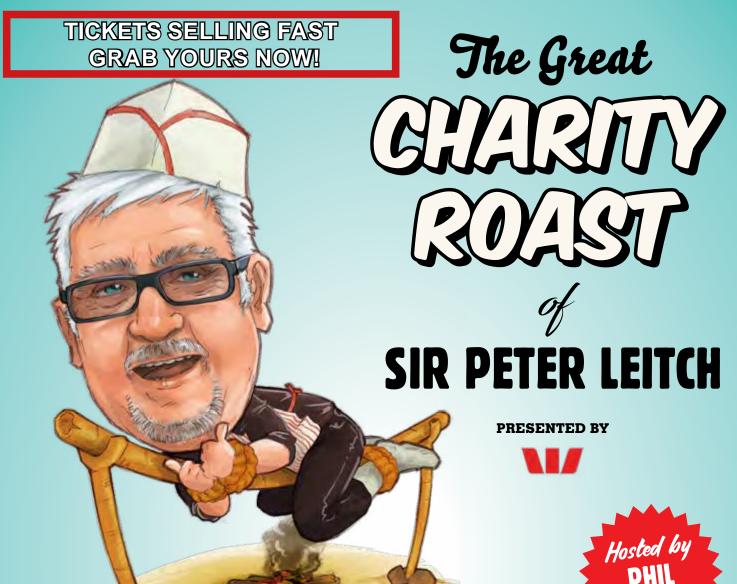
I'm going to face my fear of wearing a Kangaroos jersey for the day, because while some things in



life are scary, a prostate check shouldn't be one of them. Just a simple blood test could prevent death from the most commonly diagnosed cancer for men in N7.

I'm up against Brett McGregor and Mike Puru in the text to vote challenge. You can help raise awareness by sponsoring me to face my fear. Click the link or text "Peter" to 5144 and help me FACE MY FEAR! - Sir Peter Leitch

https://bluesep2016.everydayhero.com/nz/sir-peter-leitch





SIR GRAHAM HENRY, LEIGHTON SMITH, SIR JOHN KIRWAN, MILES DAVIS, PHIL GIFFORD, **DAVID HARTNELL MNZM & MURRAY DEAKER**

6:30PM * TUESDAY 6TH SEPTEMBER * SKYCITY

Any **Resinant** Contact Nathan on 021 33 99 88

CHARITYRUHST.ORG.NZ

AUCKLAND RESCUE HELICOPTER TRUST & PROSTATE CANCER FOUNDATION









Kiwi Men Under Siege: Prostate Cancer Claiming Lives in Spite of Simple Test

- Prostate cancer in NZ: 600 die, 3,000 diagnosed annually, 1 in 10 will get prostate cancer
- Kiwi men urged to get over themselves and get checked – a blood test is all it takes
- Blue September campaign challenges Kiwis to face their fears alongside celebs

PLUE SEPTEMBER is having a shake up this year, turning the conversation about Prostate Cancer on its head and challenging New Zealanders to face their fears – there are a million experiences more terrifying than getting a check-up!

From spiders to heights, water to barking dogs and everything weird or wonderful in between, everyone is scared of something. A prostate check should not be one of them – it's simple, quick and important. A blood test is all it takes to start the process.

Graeme Woodside, Prostate Cancer Foundation CEO, says too many men are dying when a simple test can save lives.

"Enough is enough. In 2016 it's time for Kiwi men to take more responsibility for their prostate health, starting from the time they turn 40, especially if there is family history of this disease. 1 in 10 Kiwi men will develop prostate cancer in their lifetime and too many men are dying by leaving their check-ups until it is too late."

About the problem

- Prostate cancer is the most common cancer in New Zealand men and the third most common cause of cancer death in men after lung cancer and bowel cancer
- 1 in 10 will develop prostate cancer in their lifetime
- Around 3000 men are diagnosed with prostate cancer every year in New Zealand
- Around 600 Kiwi men die from prostate cancer each year, that's around the same number as women who die from breast cancer
- Māori men are 72 per cent more likely to die of prostate cancer once they are diagnosed than non-Māori men.

Impact:

- Between 10-20% of men with prostate cancer progress to advanced/metastatic prostate cancer within 3-5 years
- Prostate cancer is a family issue there is higher risk if brothers, fathers, uncles have had prostate cancer. If a man has two or more first-degree relatives who were diagnosed with prostate cancer under the age of 65 years, then his risk increases by 5–11 times
- The effects of having prostate cancer can be devastating on relationships, finances and careers
- Often those treated are left with unwelcome outcomes of incontinence and erectile dysfunction.

About the testing process:

- Early detection saves lives it's as simple as that
- A blood test is all it takes to start the process simple and quick
- If you're between 50-70 then consider an annual prostate check that includes both a PSA blood test and a digital rectal examination (DRE)
- Men over the age of 40 are strongly recommended to have regular prostate checks if there is a family history of prostate cancer
- Following preliminary blood or DRE tests, if there is an abnormality in results, a biopsy will be taken to make a diagnosis. Additionally there are bone scans, MRI scans and CT/PET scans which determine treatment options.

From funding groundbreaking research to hosting support groups nationwide, every dollar counts this Blue September. Go to www.faceyourfear.org.nz to find out how you can face your fear, see famous Kiwis facing their fears and donate to the Prostate Cancer Foundation.



Blue September Events

David Hartnell MNZM Celebrity Quiz Night - The Surrey Hotel, Sept 9th

Enjoy a fun evening with the legendary gossip columnist David Hartnell MNZM, in support of Blue September raising awareness for prostate cancer. Featuring magic from the unforgettable Mick Peck, it's guaranteed to be a night of fun and laughter!

Cost - \$35pp, includes bubbles on arrival and delicious array of food

Location – The Surrey Hotel, 465 Great North Rd, Grey Lynn

Time - Start 7pm

Buy tickets here: Click here

Oktoberfest - Shed 10, Queens Wharf, Sept 16th

Join us on Friday, 16th September, in Auckland for the annual knees up and experience an authentic evening with delicious and hearty Bavarian cuisine and tasty German beer. Our Oktoberfest band will rock the house with Bavarian music and entertainment requiring your participation! You will become a true German "Huettengaudi"-singer with body and soul!

Buy tickets here: Click here

24 hours of LeMons Hampton Downs MotorSport Park, Sept 16th – 18th

24 Hours of LeMons presents New Zealand endurance racing for \$999 cars. It's a breeding ground for inflated egos and God-like statuses... It's where Mercedes and Mazda, Toyota and Hyundai do battle for the glory of gloating rights of LeMons, all are winners if they make it to the end! The very point of LeMons... to FINISH!

More information: http://24lemons.co.nz/

Bikers in Blue - Pakuranga Placemakers, Sept 18th

Come and meet your fellow bikers and ride alongside them in support of this disease. With over 250 bikes riding from PlaceMakers Pakuranga to PlaceMakers Silverdale, it's an exciting ride worth getting involved in.

Cost - \$20 Registration, includes bikers badge, calendar, raffle ticket and goodie bag

Buy tickets here: Click here

Lighting Up For Blue September

THESE NEW Zealand places will be lighting up in support for Blue September. Go check them out!

- Auckland Sky Tower
- Auckland The Cloud
- Auckland Town Hall, Aotea Square flag post, Aotea Centre fly-tower
- Auckland The Civic Clock Tower
- Hamilton Victoria Bridge
- Napier Tom Parker Foundation
- Christchurch Christchurch Airport Terminal
- Rotorua Prince's Gat Archway, The Bath House (Rotorua Museum), Seddon Memoria Town Clock Tower, City Focus, Rotorua Lakes Council Civic Centre, Band Rotunda in Government Gardens
- Dunedin Toitu Settlers Museum

Reader Mail

Mad Butcher Newsletter team

WOULD LIKE to thank Simon and the team for this giveaway prize. I was amazed when this arrived in the mail, so to was my 9 year old son Harvey Tacon, who is a passionate Warriors supporter and has his eyes on this jersey.

Once again thank you very much.

Brad Tacon – West Coast of the South Island





Bucklands Beach. Wanted to say thanks for the Vodafone Warriors Jersey signed by Simon Mannering – I'm as massive fan and love your teams newsletters, keep them coming.

Hey Sir Peter

UST THOUGHT Id let you know that our local U12s have just won the coast Grand Final - its been 5 years since Hokitika have won the GRAND FINAL!!

Here is the writeup that went in the paper:

It was a spectacular day at Wingham Park on Saturday, as the schoolboys league finishes up for the season. The under 6's through to U10s played a couple of short games each to get things fired up for the grand finals that were taking place in the afternoon.

As the day progressed, some very serious and nervous faces started to appear at the Park..it was grand final time! Supporters from everywhere turned up to cheer on their favourite team. Hokitika were very fortunate to have a combined U12s team in the mix ready to go head to head with Cobden.

Hoki/Waro/Marist U12s took the field in Hokitika Taipos uniforms with a black band on each players arm to show respect for the late Colin Adams, a Hoki League stalwart and avid supporter, who had recently passed away.

The whistle blew for the U12s game to commence, the combined team came in as underdogs, and they started fast, dominating the first half. Quick line speed and numbers in tackles saw Cobden hold scoreless in the first half. Hard work from the forward pack and some big metres from Luke Morgan and Aston Wilson, had the combined team working their way up the field several times. The halves, Jack-

son Keenan and Mac Gibson were again strong with Gibson having two try assists and

Keenan a try, both strong on defence. Ollie Robb had another big game and was rewarded with a try from one of his several determined runs. Aston Wilson again showed he can find the try line working well with Gibson to cross twice. Xavier Brears and Luke Morgan worked well alongside Tom Anderson, Jimmy Griffiths-Wright and Wilson, out wide on defence. Aubrey Gilmour, Kaleb Holdem, Austin Linklater, Campbell Murray and Reuban Brown defended strong in the centre with Linklater providing smooth ball from dummy half. Jayde Foster, Jack Fayen and Harry Campbell supported well off the bench to help hold out a determined Cobden for the win. Score 18-14 to Hoki/Waro/Marist. WC Player of the Day went to Mac Gibson. Team Players awards: Austin Linklater, Aston Wilson, Luke Morgan, Reuban Brown & Ollie Robb.



Indulge in an Italian Affair

Savour a 9 course long lunch prepared by Chef Ben Barton and hosted by the fabulous Michele A'Court

The flavours of Italy will be showcased in this scrumptious luncheon matched with NZ wines featuring the best of NZ and Italian produce.

Buon Appetito!

Sunday 16th October, 12.30pm – 5pm Bluestone Room, Durham Lane, Auckland Central Tickets \$155pp

Every group of 10 guests is hosted by a leading NZ celebrity or icon



The lunch is hosted by Totara Hospice South Auckland

www.hospicelonglunch.co.nz



14 Years & under FREE (must be accompanied by an adult)

AUCKLAND RUGBY LEAGUE RANDFINALS

URDAY 3 SEP

SAS Fox Memorial Grand Final kicks off at Mt Smart stadium 3:30pm Crown Lift Trucks Sharman Cup Grand Fina Curtain Raiser at 11:30am Marketing Works Women's Grand Final

kicks off 1:30pm NO ALCOHOL - FULL BAG CHECKS ON THE DAY



Join us for all the league action at the GRAND FINALS 2016



3 BIG GAMES 1 BIG DAY CATCH THE ACTION PAPAKURA V PT CHEVALIER 3:30PM PAPAKURA V MANUREWA 1:30PM TE ATATU V BAY ROSKILL 11:30AM

TICKETS ON SALE AT THE GATE FROM 11:00AM

MT SMART #2 VIA O'RORKE ROAD, PENROSE. ONLY **EFTPOS AVAILABLE**

\$3 ENTRY \$10 ENTRY KIDS U16 ADULTS







ALTERNATE TRAINING JERSEY



Exclusive to Mt Smart THIS Sunday





If you wish to **subscribe** or **unsubscribe** please email Stephan Maier at **stephan.maier@medstar.co.nz**

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A VERY BIG THANK YOU TO ALL OUR SUPPORTING BRANDS!

Without the help of these brands the Sir Peter Leitch Club and Newsletter wouldn't be as fantastic as it is. If you do get the opportunity please support them whenever you can.





























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Here is the team that help me put together the newsletter each week. We have a number of fantastic contributors who send in content each week that along with my editorial gets wrapped up by our graphic designer and sent out by our distribution man to your inbox.

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